

Teambuilding Exercises

We have a huge variety of Team Building Exercises, all of which are specifically designed, researched and lead by our expert facilitators and all incorporate the vital aspects of teambuilding.

Including:

- Working towards the same goal
- Teamwork
- Communication
- Leadership
- Mental Agility
- Logic
- Agility

But no-one realises they are involved in these as they are having such a great time! By the end of the activity our aim is that there is better:

- Communication between the groups
- Better understanding of each others needs, views, background and reasoning
- More relaxed and better working environment
- Refreshed drive and willing to get stuck to any and all projects
- Much happier staff

Drum 4 Fun

A fun filled night of live music – only you're the musicians! Fusing World Music, with Brazilian Samba rhythms and Traditional Irish music we transform your group into a band! A great ice breaker, end of a conference, teambuilding exercise or end your night off with bang!

Treasure Hunts

A great way to see your favourite capital city or discover Dublin for the first time! Get to grips with our unique trail, scavenge and shop for some unusual items, partake in a drink or two and even exchanging clothing – Gaining points along the way!

The Circus

Juggling, Stilt walking, Diablo and even The Trapeze – don't worry it's not high! Try things you never imagined, achieve things you never expected and learn things that you will never forget. In an atmosphere of terrific fun, discover new ways of learning, gain better communication, and develop stronger mutual support and respect for each other.

Temple Bar Ceili

One of our most popular nights without a doubt. Ideal for all groups, suiting both locals and foreigners alike. Let our Temple Bar Ceili Band and our professional Irish dancers lead you into your own wild night of craic agus ceol! Pump up the levels and get the party into swing!

Comedy Improv

One to remember for years to come – this Comedy Improv guarantees one of the most entertaining and unforgettable nights possible. Tailored and interactive, this night will get the entire gang improvising along the style of "Who's Line is it Anyway?" Take part or sit back and enjoy – fun and laughter guaranteed.

Call 01 4753313 for more information